



New!!

Youth Mental Health First Aid

This 8-hour certification training program gives people skills to help a young person who is developing a mental health problem or experiencing a mental health crisis.

Ideal for non-mental health professionals:

- Family Members
- Healthcare Professionals
- First Responders
- Law Enforcement Officials
- School and College Staff
- Clergy
- Volunteers

The program introduces common mental health challenges for youth, reviews typical adolescent development, and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. The course is coordinated by the National Council for Behavioral Health and is listed in SAMHSA's National Registry of Evidenced-Based Programs and Practices.

To register go to
[www.lccc.edu/
jobhealthcare](http://www.lccc.edu/jobhealthcare)

For more information call
610-799-1957 or email
mkovalchick@lccc.edu.

COURSE#	DATE(S)	TIME	DAY(S)	LOCATION	COST
HEA 440-51	2/20-2/27	8 a.m.-12 p.m.	S	LCCC Allentown	\$48
HEA 440-T54	5/9-5/18	6-8 p.m.	M&W	LCCC Tamaqua	\$48